

# Maple Leaf Run and Duathlon

## Age Group Results

October 09, 2010

*RDTs...Questions About Results e-mail runsfar@kc.rr.com*

### 5K

#### Overall Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Erin Osborne	Carthage MO	133	31	13	25:14.1

#### Female 14 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Gwyneth Sacry	Carthage MO	138	10	31	32:28.6

#### Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Carrie Spry	Carthage MO	146	22	19	28:26.6
2	Elizabeth Flanigan		170	24	24	30:27.6
3	Erin Fortner	Joplin MO	116	24	45	35:55.0
4	Courtney Fierro		166	23	51	39:57.5
5	Alisha Bryant	Carl Junction MO	108	24	52	40:18.8

#### Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Twyla Smythia	Carthage MO	145	27	25	30:46.1
2	Kellen Burkett		168	28	28	31:16.7
3	Kimberly Nguyen	Webb City MO	132	28	33	32:46.8
4	Theresa Saye	Dennis KS	141	29	44	35:04.1
5	Naney Dodson	Purcell MO	113	29	46	36:09.2
6	Katie Wooldridge		167	26	49	38:32.9
7	Aimmi Adams	La Russell MO	101	27	59	44:15.5

#### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Casey Vogt	Carthage MO	149	32	14	26:40.4
2	Hailey Dininger	Carthage MO	111	32	22	29:06.1
3	Megan D. Thompson	Carthage MO	148	30	26	30:49.2
4	Shelley Wilson	Savannah MO	157	34	32	32:29.4
5	Valerie Pruitt	Webb City MO	135	33	36	33:16.5
6	Megan Henry	Carthage MO	120	31	41	34:14.7
7	Shannan M. Wallace	Carthage MO	152	30	50	38:44.8
8	Heather Barker	Odessa MO	105	33	56	41:58.1
9	Angela Langford	Carthage MO	126	34	58	43:51.9
10	Lindsay Duley		165	30	62	46:58.0

#### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Sandy Steves	Jasper MO	147	38	34	33:02.8
2	Melissa Wiatrak	Carthage MO	155	37	47	37:23.9
3	Lori Bowles	Ash Grove MO	107	39	60	44:15.6

#### Female 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Krista Kirk		161	40	23	30:26.6
2	Jeanie Hight	Carthage MO	122	40	27	30:57.6
3	Patrice Sacry	Carthage MO	139	41	30	32:28.5
4	Melanie Gooch	Webb City MO	117	44	54	40:47.7
5	Diane Eldridge	Joplin MO	115	40	55	40:50.7

**Female 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Susan Lehigh	Hensley AR	128	45	35	33:12.4
2	Carolyn Williams	Goodman MO	156	49	38	33:51.6
3	Rhonda Yust	Seneca MO	159	45	40	34:11.6
4	Carrie Gratton	Webb City MO	118	46	42	34:15.6

**Female 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Diann Mazurek	Pittsburg KS	130	54	17	27:28.4

**Female 60 to 64**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Clea Kleeman	Miller MO	124	63	43	34:59.1

**Overall Male Overall Winners**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Brian Crigger		160	28	1	18:41.7

**Male 14 and under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Matthias Metcalfe		172	13	39	34:08.1

**Male 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Kevin Burgi	Carthage MO	109	21	20	28:26.9

**Male 25 to 29**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Dustin Adams	La Russell MO	102	27	61	44:15.6

**Male 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Brian Blackford	Webb City MO	106	32	5	22:46.2
2	Will Pruitt	Webb City MO	136	31	37	33:16.8
3	Cody Langford	Carthage MO	127	34	53	40:47.5

**Male 35 to 39**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Flint Dodson	Purcell MO	112	39	6	23:08.1
2	Todd Amos	Carl Junction MO	103	35	8	24:30.6
3	Curtis D Kralicek	Sarcoxie MO	125	35	10	24:47.3
4	Dustin Smith	Carthage MO	144	36	16	27:06.3
5	Jody Andrews	Carthage MO	104	38	18	27:31.9
6	Chad Dininger	Carthage MO	110	35	21	29:06.0

**Male 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Rich McCreedy		163	40	3	22:01.5
2	Sean Johanson		169	40	7	24:20.9
3	Douglas Stinebrook		171	44	9	24:40.7
4	Roger Sacry	Carthage MO	140	43	15	26:57.9
5	Christian A. Painter	Carthage MO	134	40	57	42:34.6

**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Michael Carman	Granby MO	162	46	2	19:51.8
2	Randy Maloney	Joplin MO	129	45	11	25:01.1
3	Joe Yust	Seneca MO	158	46	12	25:13.5

**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	David Giles		164	55	4	22:20.6
2	Bob Walker	Neosho MO	150	59	29	31:56.4

### Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Randy Rosenbaung	Opolis KS	137	60	48	37:24.6

## Sprint Duathlon

### Overall Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Kari Fritchie	Joplin MO	208	24	2	18:47.8

### Female 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Brandi McCullough	El Dorado Springs	213	33	10	24:54.4
2	Magan Eyer	Miami OK	206	31	19	32:46.2

### Female 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Meryl Twarog	Girard KS	219	37	12	25:36.0
2	Karen Marquardt	Nevada MO	212	38	21	33:00.2

### Female 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Lorraine Hills	Archie MO	210	48	22	36:28.0
2	Mary French	Perry AR	207	49	23	47:21.3

### Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Mary Twarog	Girard KS	218	53	15	27:14.9

### Overall Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Brennan Benkert	Joplin MO	200	22	1	15:52.1

### Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Jacob Cauble	Pittsburg KS	201	26	4	21:09.0
2	Seth Creed		224	27	6	22:09.2
3	Zack Owens	Joplin MO	216	27	11	25:25.3
4	Jameson Giebler	Joplin MO	209	25	18	27:53.8

### Male 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Sage Crane	Neosho MO	202	34	9	24:10.6
2	Matt Wrobleski	Joplin MO	221	31	17	27:49.7

### Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Chris Shellenbarger		223	36	7	22:47.6
2	Jason Lankford	Joplin MO	211	38	8	23:06.7
3	Christopher Wilcox	Eucha OK	220	39	14	26:16.3

### Male 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Andre Sison		225	40	3	20:57.5

**Male 45 to 49**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Joseph Kowalski		222	46	20	32:52.6

**Male 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Overall</u>	<u>Time</u>
1	Tom Morrison	Aurora MO	215	55	5	21:40.5
2	David Twarog	Girard KS	217	56	13	25:49.9
3	Barry Denney	Grove OK	203	59	16	27:31.4

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