

Enclose check or money order payable to Southwest PTO, 529 E Pineville Rd, Washburn, MO 65772

Name (print clearly) _____

Address _____

City _____ State _____ Zip _____ Phone _____

Gender _____ Age on 9/25/10 _____ E-mail _____

Shirt Size: Adult - S M L XL XXL Child - S M L

Event _____ Price _____ Total Amount _____

1 Mile Fun Run \$10.00 Prior to 9/11/10
\$15.00 Race Day \$ _____

5K Run \$20.00 Prior to 9/11/10
\$25.00 Race Day \$ _____

Total Enclosed \$ _____

Release:

I know that running in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including but not limited to: falls, contact with other participants, the effects of weather including both high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Southwest PTO, Southwest R-V School District, the City of Washburn, the Seligman and Washburn Chambers of Commerce, and all sponsors and their representatives and successors from all claims or liabilities of any kind arising out of negligence or carelessness on the part of the persons named in this waiver.

Signature _____ Date _____

Parent's Signature if under 18) _____ Date _____

5K and 1 Mile Fun Run

Run...



With the Red and Black

Sponsored by the Southwest PTO

Saturday, September 25, 2010

Southwest R-V School

8:30 - 5K Run

9:00 - 1 Mile Fun Run

Race Information

Location:

First Baptist Church
2nd Street
Washburn, MO 65772



The church is located 5 blocks north of highway 90 on 2nd Street.

Packet Pick-up:

First Baptist Church
Friday, Sept. 24th, 5:30 - 7:00 or
Saturday, Sept. 25th, 7:30 - 8:15

Late Registration:

First Baptist Church
Saturday, Sept. 25th, 7:00 - 7:45
*Entries received after Sept. 11th are not guaranteed a t-shirt.

Race Day Information:

5K - Sept. 25th, 8:30
1 Mile Fun Run - Sept. 25th, 9:00

Course and Contact Information

Race will start and end at the Washburn First Baptist Church. Parking and restrooms are available on-site.

For any questions, please contact John Banks, Race Director, at:

E-mail - southwestr5pto@gmail.com

Phone - 417-665-1769

Follow us on twitter at southwestpto.

As part of the entry fee, each participant will receive the following:

- T-Shirt
- Pancake Breakfast Following Race

*5-K participants will also receive a goodie bag.



Age Categories

12 & under	40 - 49
13 - 19	50 - 59
20 - 29	60 - 69
30 - 39	70 & over



Awards

5K:

- Top Female and Top Male Overall
- First 3 places for each age category for male and female

1 Mile Fun Run:

- Participation Award