

Cowtown Day



5K Run/Walk & Kids Fun Run

Sponsored By : Bethel Church

Information

Date: August 13th, 2011
Location: Baxter Springs, KS Library

Registration & Check-In : 6:30am - 7:15am

Entry fee: Pre-registered by July 27th: \$15.00 Day of Run: \$18.00
Kids Run \$10.00 13 yrs - under

** Includes T-Shirt and Goodie Bag**

Mail to: Bethel Church 2046 Military Ave. Baxter Springs, KS 66713

Race Begins:

7:30 am Library (Corner of 10th and Park Avenue)

Fun Run will start 5 min after 5K

Nutrition and Hydration will be provided to all participants

Fun Run Award	Award Categories	5K Run- Beginning at the library going North on Park Ave., then West on W 5th St., then North on Willow Ave. to the turnaround. Runners will return to the finish line along the same route. One Mile Walk/ Fun Run- Beginning at the library going North on Park Ave. until signs indicate to turn around and proceed back. Contact : Tina Karnes 918-541-0800
	19-14	
	20-29	
	7 - under	
	8 -10	
	11-13	
	30-39	
	40-49	
	50-59	
	60 & over	

Entry Form

5K Run Mile Walk Fun Run

T-shirt size S M L XL
Youth sizes YS YM YL

BIB No.

Male

Last Name

First Name

Birth Date

Age Female

Address

City

State

Zip Code

Phone Number

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know there will be traffic on the course. I assume all risk of running/walking in this 5K. I also assume all risks associated with this run. I agree to yield to all emergency vehicles. I agree to be considerate to all runners. I am responsible for all of my personal injury. I promise not to sue and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police, including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims or liability for death. If photos are taken I give my permission for them to be used and or videos too. This waiver extends to all claims of every kind or nature whatsoever foreseen or unforeseen, known or unknown.

(Minors only accepted with parents or guardian signature)